

English Country Dancing

Hosted by
Country Dancers of Rochester

Held the 1st and 3rd Sundays from 6:30 pm to 9:30 pm. All dances are taught and prompted and no previous experience is required. Wear soft soled shoes with low heels and dress for comfort and ease of movement. Singles, couples, and *beginners are always welcome!* We dance to live music. We share friendship and refreshments at the break.



First Baptist Church, 175 Allens Creek Rd., 14618
Admission is \$8, \$7 for members of Country Dancers of Rochester
and \$1 off for seniors or students. 17 & under free.

More graceful and elegant than Square Dancing, the figures in English Country Dancing are easily danced with a walking step and dancers often feel a sense of gliding or floating through the dance. The hundreds of English Country Dance tunes are based on ballads, folk tunes, and classical music.

We invite you to join us for a unique blend of glorious music and graceful movement that creates a blissful pastime. Questions? See web site or call Richard at 585-442-4681.

Country Dancers of Rochester <http://www.CDRochester.org/>
a center of the *Country Dance and Song Society*.