

# *English Country Dance Classes*

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While many people learn to English Country dance by plunging in at our twice-monthly Sunday night dances, we also offer classes that have a somewhat slower pace and more of a teaching focus.

- **Beginner sessions:** February 14, 21, 28 & March 7, 2010.
- **Ball preparation classes:** March 14, 21, 28 & April 11, 18, 25, 2010.
- **Time:** Sunday afternoons from 3:30 to 5:00 pm. The March 7 class will be followed by one of Lisa Brown's delightful workshops on dance clothing of the Regency period.
- **Content:** Beginner classes will teach basics of English Country dance figures and style in the context of simple dances. Newcomers are urged to attend all four, and to continue with the Ball preparation sessions, which offer a chance to practice the dances that will be done at our Jane Austen Ball in May.
- **Location:** Friends Meeting House, 84 Scio St., Rochester, NY 14604
- **Instructors:** Tom Grande, Pat Hanley, Leslie Phillips & Richard Sauvain
- **Cost:** \$5 per class or \$40 for all ten classes.

*"It may be possible to do without dancing entirely... but when a beginning is made - when the felicities of rapid motion have once been though slightly, felt - it is impossible not to ask for more"*

- Jane Austen



**Come with or without a partner; dress comfortably and wear clean, soft-soled, low-heeled shoes or sneakers. Lovely renaissance & baroque music!**

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Parking in the East End Parking Garage across Scio St. (free on weekends), or in lot South of the Meeting House on Charlotte St., or on the street.

Questions?  
Phone: 585-442-4681  
E-mail: [ECDClasses@rochestercontra.com](mailto:ECDClasses@rochestercontra.com)  
Web site: [rochestercontra.com](http://rochestercontra.com)



**Country Dancers of  
Rochester**