

Learn English Country Dancing!



Join us for a series of 3 introductory classes.
No partner needed. No experience necessary.

Sundays, February 5, 19 & 26, 2012 from 3-5 pm
First Baptist Church, 175 Allens Creek Rd., Rochester, NY 14618
\$5 per class or \$12 for all three. Class fee includes free admission to our
regular (and beginner friendly) evening dances after each class.
Dress comfortably and please wear clean, soft soled, flat shoes.



English Country Dance is social, community dancing. Dancers take a different partner for each dance of the evening, and join a "set" of couples. Each couple dances a series of figures with another couple, then repeats the same figures with each couple in the set. There's minimal footwork: If you can walk you can dance! One of the pleasures of this kind of dancing is that you interact with everyone in the room. Dancers are encouraged to be attentive to each other as well as to the dance patterns.

The repertoire includes dances popular in 1650 all the way up to dances written last month. Some are elegant, some rowdy, some romantic, some playful. Each dance has its own tune. Often the first thing that attracts people to English Country Dance is the splendid live music. – by Jenny Beer

Country Dancers of Rochester

<http://www.CDRochester.org/>

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English Country Dancers of Rochester